

blu

breakfast

STARTERS

-   FRESH FRUIT [FOR TWO]
Seasonal tropical fruit platter
-   SALMON & CREAM CHEESE CIABATTA
Tasmanian smoked salmon, cream cheese
red onion marmalade, caper berries & toasted ciabatta
-   HEALTHY ORGANIC GREENS 
Cherry tomatoes, cucumber & balsamic dressing
-   AFFETTATI
Parma ham, beef bresaola, pork salami, taleggio cheese
toasted focaccia & mustard fruits
-   ORGANIC HONEY & ROASTED NUTS GRANOLA
Seasonal berries with milk or yoghurt
-   LANDAA BIRCHERMUESLI
Green apple
-   HOT OATMEAL
Caramelized banana,
cinnamon, raisins & brown sugar
-   CEREAL
Cornflakes, all bran, special k,
rice krispies, coco pops
with milk or yoghurt

ON THE SIDE



















-   GREEK LOW FAT YOGHURT
With seasonal berries
-  FRESH MANGO YOGHURT
Greek yoghurt, mango puree
-  PASSION FRUIT SMOOTHIE
Passion fruit, yoghurt, honey

INCREDIBLE HULK JUICE

Green apple, spinach, parsley and dill

CAGE FREE EGGS AND MORE

served with side of white, brown & multigrain toast

-   LANDAA EGGS BENEDICT 
Poached eggs on toasted multigrain bread
salmon, asparagus, lime-basil hollandaise, olive dust
-   EGG WHITE OMELETTE
Kale, mushrooms, tomatoes, asparagus
-   FRITATTA ALL' ITALIANA
Zucchini, onion, basil, parmesan
-   SPANISH OMELETTE
Peppers, onion, chorizo, potatoes, tomatoes,
manchego cheese
-   FLORENTINE OMELETTE
Spinach, mushrooms, pecorino cheese
-   TWO EGGS COOKED TO YOUR DESIRE
with your choice of side of
Farmer's turkey ham, crispy pork bacon,
home made chicken or beef sausage
-   POACHED EGG ON AVOCADO TOAST 
Sourdough bread, avocado & Landaa greens
-   POACHED EGG IN TOMATO & BEAN CASSOULET
Tomato, basil, zucchini

BLU SIGNATURE FAVOURITES

-  FERRERO WAFFLES
Creme fraiche, ferrero hazelnut spread, fresh mint
-   RASPBERRY FRENCH TOAST
Brioche bread, raspberry sorbet
-   MALDIVIAN BREAKFAST 
Local style mild tuna curry, home made chapati flat bread
tuna mashuni salad, gula tuna croquettes

Vatta



Pitta



Kapha



Landaa Garden Herbs



Please advise your server of any food allergies and dietary preferences