



SIX SENSES

LA SAGESSE



Six Senses La Sagesse, Grenada

With a distinct charm only found in the West Indies, Grenada is known for its tranquil bays, gentle island breezes, warmhearted and welcoming vibe, joyous soca rhythms, and explosion of color and bold flavors.

Secluded by verdant green hills on the south-east coast, La Sagesse enjoys a prime spot between La Sagesse bay with shallow warm waters and L'Ance Pere ocean front – and set around a shimmering lagoon. The resort mimics a picturesque Caribbean village, influenced by the region's traditional architecture, designed to follow the natural topography of the land. The walkways through the gardens are made of indigenous plants and materials, maintaining our ethos of harmony with nature as well as the connection to Grenada's "Spice Island" heritage. This jewel is bursting with things to do and places to explore for the whole family. There is never a quiet day unless you seek it.

- Three Restaurants – Callaloo all-day dining, SeaFire signature restaurant and Panquai, breeze bar and grill
- Scoop Café - Ice Cream and Coffee Bar
- Destination and in-villa dining
- Water Bar
- Six Senses Spa
- Outdoor Pool
- Water Sports Center
- Earth Lab
- Experience Center, Alchemy Bar and Boutique
- The Library
- Grow With Six Senses – The Nest, Teen's Lounge – Far Out
- Fermentation Lab
- Biohack Recovery Lounge
- Organic Garden
- Various spaces for private events



ACCOMMODATIONS

Surrounded by nature, there are 56 pool suites. Combining eco-credentials and comfort, the design uses natural, renewable, and repurposed materials. The organic and contemporary interiors feature an open-plan bedroom, while the outdoor terrace leads to a private plunge pool for a cooling dip.

In addition, there are 15 villas enjoying a prime hillside or beachfront setting, ranging between one, two, and four bedrooms. The five four-bedroom villas located on the Bluff offer a 270-degree view of one of the most coveted locations in the Caribbean.

- Twin beds available on request
- Sustainable bathroom amenities
- Yoga mat
- Pillow menu and Naturalmat organic mattress
- Organic cotton bathrobes
- Fully stocked minibar with locally sourced and homemade snacks (some items are chargeable)
- In-suite coffee and tea service
- Six Senses bottled mineral water
- Smart TV with satellite channels
- PressReader global newspaper
- Bluetooth speaker
- Personal safe and reception safe boxes
- Hair dryer
- High-speed Wi-Fi
- Individually controlled air conditioning
- Umbrella
- On-site laundry service

POOL SUITE

LAGOON, BAY, OR OCEAN

55 sq.m. | 592 sq.ft. Internal

45 sq.m. | 484 sq.ft. External

Forming a cluster of four suites in two-level buildings, the suites feature a king or twin bedroom with a living space in a neutral tone and pops of blue. Outside there's a generously sized terrace with a private pool. All you need to do is choose your location, close to the resort's main facilities or up on the hillside, and your favorite view, whether the lagoon, bay, or ocean.

PANORAMA OCEAN VIEW POOL SUITE

55 sq.m. | 592 sq.ft. Internal

45 sq.m. | 484 sq.ft. External

As their name suggests, these most royal of suites are perched on the cliff at the far end of the resort. Live the high life with sweeping views of the ocean rollers stretching out before you in all their glory. These suites feature a king or twin bedroom with a living space in a neutral tone with pops of blue and a generously sized terrace with a private pool and outdoor living space.





LAGOON POOL VILLA

87 sq.m. | 936 sq.ft. Internal
51 sq.m. | 548 sq.ft. External

Living their best life facing the blue hues of the tranquil lagoon, these one-bedroom villas with a private pool are ideal if you like a little more space but still want to be close to the action. They feature a king bedroom and a separate living room in a neutral tone with nautical accents, along with a generously sized terrace, private pool, and outdoor relaxation area.

BEACHFRONT POOL VILLA

87 sq.m. | 936 sq.ft. Internal
51 sq.m. | 548 sq.ft. External

Life's a beach, so be the first to lay your footprints in the sand from this one-bedroom villa with direct access to the ocean shore. They feature a king bedroom and a separate living room in a neutral tone with accents of blue, along with a generously sized terrace, private pool, and outdoor relaxation area.

TWO-BEDROOM BAY VIEW POOL VILLA

263 sq.m. | 2,830 sq.ft. Internal
165 sq.m. | 1,776 sq.ft. External

Located near the resort's main facilities to keep you close to the action, these villas span two levels and are decorated in a neutral tone with nautical touches. On the lower floor, you'll find a large living and dining area, a spacious terrace with an outdoor relaxation and lounge area, and a lap pool. On the upper floor are two generously sized bedrooms with ensuite bathrooms. Wake up to striking views across the lagoon to La Sagesse Bay and close your eyes to sweet sea dreams.

TWO-BEDROOM OCEAN VIEW POOL VILLA

263 sq.m. | 2,830 sq.ft. Internal
165 sq.m. | 1,776 sq.ft. External

Located up on the hillside for a little extra seclusion, these villas span two levels and are decorated in a neutral tone with nautical touches. On the lower floor, you'll find a large living and dining area, a spacious terrace with an outdoor relaxation and lounge area, and a lap pool. On the upper floor are two generously sized bedrooms with ensuite bathrooms. Throw the windows open wide to enjoy the cooling trade winds as they bring stories of pirates and sirens in on the breeze.

TWO-BEDROOM BEACH FRONT POOL VILLA

263 sq.m. | 2,830 sq.ft. Internal
165 sq.m. | 1,776 sq.ft. External

The best days come sun-kissed and sandy. If you like to be the first to walk the shore, then this absolute treasure is ready and waiting for you at the southern end of the resort. Each villa spans two levels and is decorated in a neutral tone with nautical touches. On the lower floor, you'll find a large living and dining area, a spacious terrace with an outdoor relaxation and lounge area, and a lap pool. On the upper floor are two generously sized bedrooms with ensuite bathrooms.





FOUR-BEDROOM CLIFF RETREAT

540 sq.m. | 5,812 sq.ft. Internal
343 sq.m. | 3,692 sq.ft. External

Follow us to the Bluff and gather your friends and family to enjoy a 270-degree view of one of the most coveted locations in the Caribbean. Decorated in a neutral tone with nautical touches, these four-bedroom retreats span two levels. On the upper floor are large living and dining areas, a kitchen, a spacious terrace with outdoor relaxation and lounge areas, a lap pool, and the main ensuite bedroom. On the lower floor are three further generously sized king and twin rooms, each with an ensuite bathroom. While some people crave variety and adventure, others seek rest and relaxation, which is why there's everything you need to enjoy precious moments together (and apart!) while relaxing to views of La Sagesse Bay or out and about exploring our fun activities.

FOUR-BEDROOM PANORAMA RETREAT

540 sq.m. | 5,812 sq.ft. Internal
343 sq.m. | 3,692 sq.ft. External

Perfect as a home-from-home for groups of friends or family in a tropical hideaway, this beautiful retreat offers awe-inspiring infinity ocean views from each room, along with an array of private amenities and concierge services for life on the Bluff.

Decorated in a neutral tone with nautical touches, the retreat spans two levels, with floor-to-ceiling windows to capitalize on uninhibited sea views. On the upper floor are large living and dining areas, a kitchen, a spacious terrace with outdoor relaxation and lounge areas, a lap pool, and the main ensuite bedroom. On the lower floor are three further generously sized king and twin rooms, each with an ensuite bathroom. Individually sited, with expansive landscaped gardens, you'll feel a world apart yet still closely connected to all the amenities of the resort, including our restaurants, water sports, and spa.

GUEST SERVICES

- 24-hour GEM (Guest Experiences Maker) services
- 24-hour in-suite and in-villa dining
- Multilingual hosts
- On-site personal trainer during the day
- Eat With Six Senses nutrition program
- Sleep With Six Senses personal sleep program
- Grow With Six Senses indoor and outdoor activities for kids
- Non-motorized watersports
- Crafted experiences and adventures
- Wheelchair-friendly facilities and transport options
- Airport transfer services
- Nanny and babysitting service
- Packing and unpacking luggage services





DINING

Grenada has an abundance of fresh produce growing in the island's fertile volcanic soil, enhanced by local salts and spice rubs, and enjoyed with carefully crafted rum cocktails. Our menus are inspired by the Caribbean and South America while following our Eat With Six Senses philosophy with the well-being of our guests, residents, and hosts in mind. Our three restaurants, two bars, salchichoneria, café, and destination dining are truly one of a kind. Growing on site where we can and working with local suppliers for ingredients from the land and sea allow us to work closely with our community and, most importantly reduce our carbon impact.

Callaloo

All-Day Dining Restaurant

The farm-to-table dining experience at Callaloo focuses on fresh, local and seasonal produce, with our chef interpreting classic comfort food bursting with local spices and flavors in an indoor-outdoor setting. Each evening, specialty dinners are prepared using natural, locally grown, seasonal and responsibly sourced produce, reflecting our Eat With Six Senses philosophy.

SeaFire

Signature Restaurant

Our signature restaurant is where creativity, experimentation, and emotion unite to engage all your senses. Let the vibrancy of the location sweep you away from its commanding oceanfront location, where the spice-scented air is punctuated by the roar and crash of the rollers.

Designed for sharing and celebrating the techniques of the region, communal plates are served in the center of the table. From the fire comes coal-roasted cuts of the day, all prepared with minimal intervention, maintaining the integrity of each ingredient.

Panquai

Breeze Bar and Grill

At Panquai, a laidback vibe awaits you, encouraging you to laze the day away at this poolside location. By night the space transforms into a relaxed but sophisticated cocktail bar. Discover Churasco, the South American tradition of cooking meat on long skewers over a fire. Local rums and tropical cocktails come with a naughty kick!

Scoop Café

Ice Cream and Coffee Bar

Set in our luscious gardens just steps from the pool, this is the perfect oasis to cool off. Open daily, it offers cold brew ice coffees, smoothies, shakes, and complimentary shaved ice.

Destination & In Villa Dining

For Sea Views and "I do's"

Couples and small groups can create their own backdrop thanks to destination dining options, including a beach blanket BBQ or Chef's Garden experience. There's also in-villa dining for staying in with a beautifully presented dinner or movie night. Create your own dining experience in the privacy of your villa with our private chef and discreet waiter on hand to deliver a tailor-made menu for the most memorable of occasions and celebrations.





SIX SENSES SPA

At Six Senses La Sagesse, you are immersed in an integrated wellness experience from the moment you walk through our doors. Here, you can put your feet up and your worries down.

Six Senses Spa is uniquely set overlooking the lagoon, designed in the style of a traditional fishing village. Local community knowledge, age-old traditions, and indigenous plants and herbs combine with pioneering wellness programs focusing on sleep, movement, yoga, and longevity. High-tech and high-touch therapies offered under the healing hands of in-house experts and Visiting Practitioners guide you on a personal path to growth and reconnection as deep as you want to go.

- Welcome Area with spa boutique
- Integrated Wellness Center for private consultations and Wellness Screenings
- Single, double, and outdoor treatment rooms showcasing Six Senses signature therapies as well as locally inspired Caribbean treatments
- Longevity Center featuring a “green” beauty bar, consultation room, nail bar, and facial room
- Biohacking
- Male and female changing rooms with a steam room, showers, lockers, and a private relaxation courtyard
- Outdoor communal wet area with a panoramic sauna, hot pool, cold plunge pool, and Kneipp therapy pool
- Indoor and outdoor relaxation area
- Herb garden
- 180-square-meter multi-purpose fitness facilities, including a studio for spin, cycling, yoga, and aerial yoga and a separate entrance for 24-hour access

SUSTAINABILITY

At Six Senses La Sagesse, we seek to push the boundaries of sustainability, from our approach to mindful architecture and efficient engineering to local sourcing and unforgettable guest experiences.

Our commitment to sustainability guides all our actions – both on and off property – from how our land is used to grow food to how we manage our energy and waste, conserve water, source local and seasonal ingredients for the resort’s menus, and even support local projects.

Six Senses Grenada’s new coastal gardens aren’t just any ordinary gardens – they’re a bold initiative to revive the precious coastal ecology. In our surrounding environment, we are planting 3,000 trees and bushes and new mangroves along our lagoon, which will become a lively habitat for many species of birds, fish and other animals. This water body has been deepened and now naturally ebbs and flows with the tides, allowing small marine animals to enter its safe waters.





ADVENTURE AWAITS

La Sagesse is a sandy crescent-shaped bay with shallow warm water surrounded by verdant hills. L'Ance Pere ocean front, is by contrast a secluded and untouched bay with views to dramatic cliffs. When not lazing on a lounger, our passion lies in creating experiences that are authentic to Grenada and reconnect you to what really matters in life, protecting and preserving our beautiful Earth at all times

Earth Lab

Located at the heart of the resort, our Earth Lab is our center of engagement and innovation, showcasing our sustainability approach and inviting you to get involved.

Water Room

Water Room is home to our Water Bar, where you are encouraged to learn about our group-wide initiative that removes two million plastic bottles from circulation each year. The water tastes great too.

Experience Center

This hub of creativity and community invites you to plan your resort activities, browse local fashion and homewares, join classes and workshops, meet for excursions, or enjoy a quiet moment to work or simply relax.

- Booking counter for spa, recreation, and excursions
- Six Senses Boutique
- Alchemy Bar and Biohack Lounge, part of the spa experience
- Community Wellness Library
- Alchemy Bar: offers fun and educational workshops for you to learn about the unique healing benefits of herbs and plants while blending your own spa products

Grow With Six Senses

Wellness is not just for grown-ups at Six Senses La Sagesse. Grow With Six Senses incorporates the six dimensions of wellness (social, environmental, physical, spiritual, emotional, and intellectual) and brings kids 'back to basics' in order to reconnect with nature and others around them.

The focus is on offering something a little out of the ordinary to attract even the most reticent joiner. Forget algebra; how about being a little mixologist? Children learn how to make their own toothpaste, facial masks, body scrubs, after-sun lotion and edible water bubbles. Can't sit still? Bring on the cookery, yoga, treasure hunts, ball games and fitness challenges.

Children's Play Center and Teen's Lounge

Let us entertain the kids while you enjoy time alone, whether a long lunch, waterfall hike, colorful snorkel, energizing workout in the spin studio, or "me time" at the spa. Designed for children aged three to 11 years, there are indoor and outdoor play areas.

The Teen's Lounge is for 12- to 17-year-olds offering a respite from rambunctious younger children or parents. If the activities (games, TV, board games) aren't enough to entice your teens, there are comfy seats and beanbags, a choice of indoor and outdoor spaces, and snacks!

Outdoor Wellness

Wander our outdoor trails and enjoy nooks for meditation, forest bathing, labyrinth walking, and sensory foot reflexology. As the sun sets, join a yoga class to reignite all your senses and find inner peace and joy.



UNIQUE EXPERIENCES

Discover wonders underwater, take a dip in a refreshing waterfall pool, soak up centuries-old culture (or rum), create your own chocolate, or experience some of the world's greatest music, culminating in dancing to soca and reggae beats at the Spicemas festival and carnival - the most important celebration on the island.

All the following experiences, and many more, can be organized by our Experiences Team.

Hidden Haven: Explore Seven Sisters

Grenada's cascading waterfalls offer freshwater swimming in abundance. Embark on a revitalizing adventure that seamlessly weaves together the beauty of nature, and wellness, all centered around the tranquil Seven Sister Waterfalls. Start with a rejuvenating yoga session at the resort, before departing for an invigorating 30-minute historical hike sees you arrive at the falls. Immerse yourself in the lush surroundings while your guide shares the captivating history of these majestic cascades.

Ethical Angler: Sustainable Sport Fishing

Grenada's Fishers are as synonymous with the Island as Spices and Rum. Step aboard as they head out for the day's catch and experience first-hand their mastery and techniques. Indulge your passion for angling in the pristine waters surrounding Grenada, and revel in the excitement of a sustainable sportfishing expedition, where every catch tells a tale of responsible adventure and environmental consciousness.

Have our own chefs prepare your catch back at the resort for dinner or the following day's lunch.

Reggae Fields Journey

Join Grenadian cocoa farmers to learn about local food, history, music and more, before creating your own one-of-a-kind cocoa ball that embodies the flavors of the tropics. This hands-on adventure blends tradition, culture, and chocolate-making expertise while unlocking the secrets of Grenadian cocoa traditions.

Time Travel: Rum Through Time

Bear witness to Grenada's storied past - where history and culture converge to create an unforgettable journey, starting with a captivating history tour at the dis-used Pearl's Airport, delving into stories from Grenada's colonial era to its rise as an independent nation. Discover the Renegade Rum Distillery and the intricate process that transforms sugarcane into the Caribbean's liquid gold. Before heading to River Antoine Estate, the oldest rum distillery in Grenada, where the rum is still manufactured and produced using the oldest functioning waterwheel in the Caribbean. Enjoy a full-access tour and tasting, and bottle your own rum.

Saint Georges

The capital, Saint Georges, boasts one of the prettiest waterfronts in the Caribbean. The buzzing little horseshoe-shaped harbor is the perfect place to watch the world go by, with bobbing boats, busy cafés, pretty waterside buildings, and a sprinkling of shady spots.

Sip & Sail: Sunset Cruise

Set sail in an authentic Carriacou wooden sailing vessel, as the sunsets over the azure waters, put your feet up and embark on an extraordinary journey of relaxation. This tour combines the rich maritime history of the Caribbean with the delectable delights of sampling locally produced chocolate which Grenada is famed for.

Pedals & Picnics

Have your camera ready to capture the picturesque coastline along the route of this adventurous E-Bike experience through the rugged terrain of St. David. This cycling expedition departs from the resort, before heading up to Point Marquis. From this hill-top vantage point take in the sweeping views of Grenada's coastline with a gourmet picnic prepared by our chefs.



EVENTS AND GATHERINGS

For creative souls, a meeting of minds, or an idea that might one day go on to change the world, Six Senses La Sagesse is about as far away from the ordinary as it gets.

The Library

This space is designed with a purpose yet provides flexibility for everything from corporate events to family reunions, weddings to wine dinners, and talks by our Visiting Practitioners to tastings with our guest chefs.

Fermentation Lab

This is where we take our garden produce to be fermented in pickling jars and where you can learn a few secrets to begin your own fermentation during your stay. It also functions as a private bar for hosting special events or destination dining nights.

HOW TO GET THERE

Grenada is located outside of the hurricane belt, and easily accessible from major international cities. There is a newly refurbished private jet facility at Grenada's Maurice Bishop International Airport, as well as direct commercial flights from the USA (New York: 4 hours 45 minutes, Boston Miami: 3 hours 40 minutes, Charlotte: 4 hours 34 minutes), Canada (Toronto: 5 hours), and the UK (London: 10 hours 45 minutes) and Germany (Frankfurt: 9 hours 55 minutes).



RESERVATIONS AND FURTHER INQUIRIES

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