



Region of Waterloo Paramedic Services

Fit2Sit

Your paramedic has assessed that you are fit to proceed to the hospital waiting room.

Please wait in the waiting room and a nurse will call your name when it is your turn.

The paramedics who responded to your call are now going to help more patients in the community.

Hospital staff treat patients with the most serious needs first, whether they walk in or come by ambulance. It's your health condition that matters the most, not how you arrived at the hospital.

This is part of a new program called **Fit2Sit**. This program allows paramedics to go to their next patient when they know you are safe at the hospital. This helps make more ambulances available in the community.

For more information about Fit2Sit, email PSVinfo@regionofwaterloo.ca



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PUBLIC HEALTH AND
PARAMEDIC SERVICES